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Context to the nugget

So you have found your passion but undecided when and how to take the plunge? Hear Amish talk about how he transitioned to being a full time author from a banker. Discover how 'pragmatism and positive vibes' guided this transformation.

Transcription

Deepak Jayaraman (DJ): Where do you get your energy to deal with failure?

Amish Tripathi (AT): I will go back to, if you are doing something you love doing so much, genuinely failure does not demotivate you now I am not saying that you should be impractical. Like for me to react to that failure by leaving my job and commit to this as full time and then realize at the end of three months I don't have money to pay my bills that would turn the books which were the source of joy for me into a source of frustration. So, I always suggest that use your heart to decide the destination but use your mind to plot the journey so I was very clear that I was not goanna give up on my book no matter how many people rejected it, I was going to do everything that I could to make it work, *aage chale naa chale Bhagwan ke upar hai* but I will do my best, that I was very clear on. Now that was the destination my heart had decided so, what should be the journey to that I allowed my mind to make up my decision. This is why I did not resign from my job. Into the marketing of my books I invested only what I could afford from my salary, I didn't take loans from anyone, I of course didn't ask any of my relatives, anyone for anything, only my money, I invested only I could afford. I was lucky that I had family support, my family, and my siblings. If you don't have that emotional support, it's not about financial support it's all about emotional support, that can kind of draw energy away from you and that family support is extremely crucial, of course I am lucky in that sense but I would also say that it's to the responsibility of each individual to try and get that support to enrol people around him into his journey. It's your job to figure out get them motivated in your journey because frankly it is not their journey why should they care so much about you? So you have to figure it out and my family was of course very supportive because they could see how this book had changed me it changed my character by 180 degrees and they were extremely supportive and that's a big part.

DJ: In what sense if I may ask it changed your character by 180 degrees?

AT: I was like, you are an IIM guy, you know how we tend to get in a the corporate world, we can be very hyper comparative frankly unnecessarily aggressive, we are bench marking all the time you go to an alumni meet oh this guy is sizing up, oh this guy is still at this level loser, oh this guy is at that

level shit I got to work harder whatever bonus you have got you always felt you are underpaid when you moved into a cabin, you would feel, no I might deserve a bigger cabin when you got a personal assistant, I deserve a better personal assistant and when you got a promotion, I should have got it earlier there is never any calmness, no I am not saying you should not be competitive, you can't be someone who just sits around wastes life drinking alcohol on a beach that's not the productive life of course you should be competitive but you need to understand, how to keep that calmness within you as well it should not become a source of frustration and endless dissonance which frankly many of us in the corporate world do behave that way let's be honest. So, I have changed dramatically from that pose, I am far calmer than I used to be, I used to shout a lot in my corporate career, I know my team must have hated me I think the only way I used to get motivate them is I would ensure and fight and get good bonuses for them at the end of the year but now I am not like that, I don't shout and scream as much as I used to. I am far calmer than I used to be I am much happier than I used to be and strangely I am doing better in every other way as well financially and everything but you realize that you don't need to be hyper comparative nutcase to get results you can actually be calm inside and still be competitive that balance can be possible.

Reflections from Deepak Jayaraman

DJ: The key takeaway for me was the point, use your heart to decide the destination and you mind to plot the journey. One book that comes to mind in this context is the book "Alliance" by Reid Hoffman one of the founders of LinkedIn. The book talks about how individual could structure pragmatic win-win contract that make sense for them and for the company in the scenario that the heart points in a different direction from where a company is headed. Thank you for listening. For more you might want to subscribe to the twitter handle Play to Potential. Thank you.

End of nugget transcription

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Amish Tripathi - Nuggets

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About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive’s / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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