

The banner features the 'play to potential' logo on the left. To its right are contact details: a WhatsApp icon with the number '+91 85914 52129*', a Twitter icon with the handle '@PlayToPotential', and a globe icon with the website 'playtopotential.com'. Further right, under the heading 'Also available on:', are icons for Spotify, Apple Podcasts, and Google Podcasts. On the far right is a portrait of the host, Deepak Jayaraman, with the text 'Podcast Host Deepak Jayaraman' below it. A small note at the bottom left of the banner reads: '*Just send us a Whatsapp with your name, number and email and we will add you to our distribution list.'

Context to the nugget

Anu refers to the notion of Infinite Game in the context of playing to potential. She talks about challenging the boundaries and extending the scope of how you define the game (instead of taking the circumstances as hard constraints).

Transcription

Deepak Jayaraman (DJ): One or two thoughts in summary for people to playing to their potential?

Anu Madgavkar (AM): I came across this phrase recently which is called the infinite Game so when we say play the game to your potential I think the mindset that we don't have to draw boundaries to be the game that we can play a lot of those boundaries are actually based on mindset that say we should do this or we should do that its valuable to do this or the other, Periodically just challenge to those boundaries, and extend the scope of how you define your game and therefor play more of an infinite game maybe not fully infinite but it becomes an infinite game because you are not kind of boxing yourself into a predefined model of success just sit back and think about what is the game that you are playing and what are the rules of that game? Whether they need to be rules or flexible rules.

Reflections from Deepak Jayaraman

DJ: This is a profound distinction that Anu talks about here. One of my earlier guests, Rama Bijapurkar talks about a piece of advice she received from one of her faculty members - Indira Parikh. Figure out a game that only YOU can play and go and play it. Quite often, we try and fit into circumstances and play a game within the boundary conditions of that context. But I find that several people that lead empowered lives have a strong understanding of who they are what drives them and architect a life that makes them distinctive in what they do, that energizes them and that does not bind them by the traditional constraints that bind a lot of the other traditional thinkers that often end up playing a Finite game.

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End of nugget transcription

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In Summary – Playing to potential: This playlist captures the essence of what the speaker is trying to say in their conversation. In a way, it captures the key principles with which they have approached life which has brought them to where they are today. They share their perspectives on the mindset we need to adopt as we navigate through life. You can access the playlist [here](#).

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Anu Madgavkar - Nuggets

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About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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