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## Context to the nugget

Meher talks about how her experiences as a singer in a choir have helped her in her corporate pursuits. She talks about how it has helped her build a sense of purpose beyond numbers. She also talks about how performing as a collective has helped her realize the value of teamwork and how an orchestra is only as good as the weakest musician.

## Transcription

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**Deepak Jayaraman (DJ):** How music is sort of in formed just you as a person and how it sorts of helped you stay sane or it just been a passion that you have been pursuing.

**Meher Pudumjee (MP):** I started with piano when I was seven and along the way came choir and I thornily enjoy singing, not individually but in a group it's a fantastic group and I love being with people whom I gel with and think alike or we have the similar interest and this is one of them and I find that choir is almost like a meditation in some ways it's taking you away from the humdrum of life and our conductors is one who has always believed in explaining to us what the words that we are singing mean and that is made a big difference in terms of if you know if there is a purpose to the way you are singing to what you are singing the music sounds enormously better than if you are just singing the words and I think the same thing is for business, I feel that if you have a purpose for your existence that drives you multifold than if you are doing it for a top line and for a bottom line and a share price, I feel that's an outcome I don't think we are here to drive a ten thousand crore top line, we are here to conserve resources we are here to preserve the future, we are here to conserve energy, preserve the environment, so we are here for that purpose and in doing so we will get to the ten thousand crores, so I think the purpose is really something that drives in whatever you do, whether it's your music or whatever else, I think in music it also in some ways makes you brings in humility because you won amongst twenty people you are no better, no less you are one and the same so in some ways it brings you down to earth, takes the complete hierarchy away, share love.

**DJ:** I guess it also pushes you at that point in time to sing that right note and sort of listen to others what they are doing,

**MP:** That's right and also in some way like in orchestra each one is responsible for doing their part to make the total complete, if you do not keep that part right, you are the weakest link in the chain so in some ways again at the work place, each one who has to pull their weight together to make two and two 22 and not just 4 so it's really coming together again for that purpose, or that cause.

## Reflections from Deepak Jayaraman

DJ: It was interesting to hear Meher talk about the role of Music in the context of her corporate journey. Given that leadership is often about operating with a combination of heart and head, I find pursuits such as this helpful in leaders building muscles around operating from the heart.

The other point Meher makes is an interesting one, which is participating in a choir with people from all kinds of backgrounds. I find that effective leaders often find a way of staying grounded and connected with the masses and pursuits like music can be a double bonus where you do something you enjoy and in a collective which keeps you grounded despite the heights you might have reached in the Corporate world. Thank you for listening. For more please visit [Playtopotential.com](http://Playtopotential.com)

## End of nugget transcription

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### Meher Pudumjee - Nuggets

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### **About Deepak Jayaraman**

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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