



The banner features the 'play to potential' logo on the left. To its right are contact details: a WhatsApp icon with the number '+91 85914 52129\*', a Twitter icon with the handle '@PlayToPotential', and a globe icon with the website 'playtopotential.com'. Further right, it lists 'Also available on:' with icons for Spotify, Apple Podcasts, and Google Podcasts. On the far right, a photo of the host, Deepak Jayaraman, is shown with the text 'Podcast Host' and 'Deepak Jayaraman' below it. A small disclaimer at the bottom left reads: '\*Just send us a Whatsapp with your name, number and email and we will add you to our distribution list.'

## Context to the nugget

Suresh shares his wisdom around Where to go (building navigational principles as one moves along in a career) and How to grow (how one scales up their leadership capability over time)

## Transcription

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Deepak Jayaraman (DJ): This podcast is titled play to potential and in a lot of ways it's about leaders as they go through their journey, trying to capture glimpses into how they have thought about two questions, where to go and how to grow, so in summary for the listeners, what would you say? In terms of how they should think about A – Navigation, and B – Growth.

Suresh Narayanan (SN): Where to Go? I think my only piece of advice is three fold, number one is go where your heart and mind is and don't go there because your Dad have told you to do that, go because you really passionate about what you do. Number two is understand that the journey is as important as the destination and don't just focus on your journey and number three is built in attitude, resilience and build in the spirit to support your people in all that you do. As far as how to grow, play to your strengths, play to your values and also play with a single minded devotion to the people who make you successful.

## Reflections from Deepak Jayaraman

DJ: In the world we live in with abundance of options and with the future being as nebulous as it is today, it is arguable whether even having a destination in mind makes sense given so much around us is changing. In the book designing your life – by Stanford D School professors Bill Burnett and Dave Evans, they talk about the notion of Wayfinding in the context of careers and they say that in today's world, managing your career is closer to navigating in the high seas where you can't really see any shore. All you can have is a compass and use that to move directionally in a certain direction. In the context of a career, I guess having those navigational principles that serve as a compass is critical.

Thank you for listening. If you are new to the podcast and want to get a sense of the nature of content that is covered, you might want to go to YouTube and type "PlaytoPotential Highlights from 2017". I have tried to capture the key takeaways from my various conversations last year with leaders across disciplines. From people such as Zia Mody, Nandan Nilekani, Viswanathan Anand, Vijay Amritraj, Amish Tripathi, Vinita Bali and the like.

For more, please visit [playtopotential.com](http://playtopotential.com) (where you can access the content by speaker or look at curated playlists across speakers by theme). If you want to listen offline say during a car ride home or during airplane travel, you could also access the Podcast on iTunes, Stitcher, Saavn and several other podcast apps.

## End of nugget transcription

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**In Summary - Playing to Potential:** This playlist captures the essence of what the speaker is trying to say in their conversation. In a way, it captures the key principles with which they have approached life which has brought them to where they are today. They share their perspectives on the mindset we need to adopt as we navigate through life. You can access the playlist [here](#).

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### Suresh Narayanan - Nuggets

- 24.00 Suresh Narayanan - The Full Conversation
- 24.01 Suresh Narayanan - Early formative years
- 24.02 Suresh Narayanan - Career - getting off to a good start
- 24.03 Suresh Narayanan - Transitioning effectively to a new context
- 24.04 Suresh Narayanan - Maggi crisis and decoding resilience
- 24.05 Suresh Narayanan - Building good business judgment
- 24.06 Suresh Narayanan - Rebuilding trust
- 24.07 Suresh Narayanan - Increasing productivity
- 24.08 Suresh Narayanan - Marketing 2.0
- 24.09 Suresh Narayanan - In Summary - Playing to Potential

### About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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