



The banner features the 'play to potential' logo on the left. To its right are contact details: a WhatsApp icon with the number '+91 85914 52129*', a Twitter icon with the handle '@PlayToPotential', and a globe icon with the website 'playtopotential.com'. Further right, under the heading 'Also available on:', are icons for Spotify, Apple Podcasts, and Google Podcasts. On the far right, a portrait of a man in a suit and glasses is shown, with the text 'Podcast Host Deepak Jayaraman' overlaid on a red bar below it. At the bottom left of the banner, a small note reads: '*Just send us a Whatsapp with your name, number and email and we will add you to our distribution list.'

Context to the nugget

Roopa talks about the attitudes that have held her in good stead as she has gone through her journey. She also talks about how a lot of clarity around one's own potential evolves over time and suggests that we don't get anxious about it too early.

Transcription

Deepak Jayaraman (DJ): And if you had to be immodest about yourself what about you have enabled you to come this far in your journey?

Roopa Kudva (RK): I think not just for me but for most people that you talk to in the course of this incredible podcast series that you put together is really about being in the right place at the right time and that is luck, I think it plays a very big role and it has for me as well I was lucky to have joined an organization at a very early stage and as the company grew I grew I was lucky to have had excellent role models throughout my career quite candidly if I look back, I would say that I have had no major failures or setbacks and that was not something that everyone can say and I have feel therefor that I have been truly privileged and a lot to be grateful for, I think along the journey I just tended to focus on what I was good at, what I thought I was good at I have always tried to do new things and I generally will not give up easily and I think that's what helps.

DJ: In summary playing to potential for our listeners

RK: I feel that a lot of thinking about one's own career and even about one's own potential evolves over time, I see a lot of young people looking for all the answers today and while that is terrific, I think today people are much more thoughtful and much more focused where their careers are concerned and that's brilliant but I think also a realization that some of the answers will come over time and being able to accept that and therefor being a little more relaxed about your careers and that doesn't mean slacking that doesn't mean not working incredibly hard but just being mentally more relaxed and less stressed about things that you may not always have the answers to immediately I think will go a long way for younger people for playing to their potential in the first ten fifteen years of their career. And I think once you kind of go through that, I think it just sets you up for leapfrogging to a very different dimension in the next fifteen years of your career.

Reflections from Deepak Jayaraman

DJ: I couldn't agree more with the point that Roopa makes here about not taking stress about things that unravel over a period of time. In a world with several forks in the road, there is something to be

said about analysis paralysis where you end up over thinking the notion of passion and purpose from Day 0 after you graduate and that can come in the way of your performance in your current role. I often tell people, if you start over-thinking the where to go, that tentativeness will show up at your work place and people will be able to see that. I like what Bill Burnet and Dave Evans say in the book designing your Life which talks about Design Thinking in the context of approaching life. They talk about the notion of way-finding where you navigate based on a rough sense of direction driven by what gives you energy and the skills you have and the doors that opportunistically open for you. But having chosen a path, there is also something to be said about being committed to a certain path for a prolonged period of time for you to show traction in it and learn from it.

Thank you for listening. If you are new to the podcast and want to get a sense of the nature of content that is covered, you might want to go to YouTube and type “PlaytoPotential Highlights from 2017”. I have tried to capture the key takeaways from my various conversations last year with leaders across disciplines. If you want to listen offline say during a car ride home or during airplane travel, you could also access the Podcast on iTunes, Stitcher, Saavn and several other podcast apps. Google has recently launched an app for podcast listening on Android platforms too. If you went to playtopotential.com, you would also have the opportunity to listen to multiple voices curated by a topic. Play lists topics include – Reinventing Self (which is about how people changed trajectories significantly), Early formative years where leaders talk about how their childhood has influenced them profoundly, Insight on career paths (various professionals talk about the ups and downs of their career and how individuals should think about embarking on that path)

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End of nugget transcription

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Roopa Kudva - Nuggets

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- 29.02 Roopa Kudva - Early formative years
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- 29.04 Roopa Kudva - Transitioning to a General Management role
- 29.05 Roopa Kudva - Choosing career direction post CRISIL
- 29.06 Roopa Kudva - Flexing leadership style at Omidyar Network
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About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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