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Context to the nugget

Jayashri discusses her observations of Shri Lalgudi Jayaraman and how he would unlock the potential of each of his students by tailoring his approach and finding a different set of tools for each individual. She also talks about how he would role-model standards of excellence in his practice of the art form.

Transcription

Deepak Jayaraman (DJ): I want to sort of move to this notion of learnings from gurus that you have mentioned and Shree Lalgudi Jayaraman but again coming from the world of let's say from the corporate world or the business world and if I think about how we have the coaching process where we help another leader achieve his or her potential, you have learnt under few guru what are some of the things they do that make them great gurus, just decode that for us?

Bombay Jayashri (BJ): First of all what they do itself inspire, in terms of their self-discipline, the way they look at the subject Art in this case. I remember when I came to Chennai and I started learning from my guru, he was about 59 or touching 60 and sometimes late evenings after class the household would not let me go back to where I was living because it was too late to commute by the buss so I have to stay back, and at 4 am his Sadhana would wake me up, at 4 am in the morning he would start practicing his violin and until 7 am he won't come out of the room, so that relentless addiction to be perfect and to learn more and more and more these are the things that they show you through their music and their lifestyle they conduct, the second thing is he had several students but he would go to each level at a pace that was required he would come to that level and teach you at that level and make you believe that you can do it, so give you the hope, give you the fundamental material to achieve it and I do believe he had a different material for each student, different set of tools which he would say this is what would work for you this is how you have to do it but you have to do it, he was a disciplinarian but he was very affectionate. He was very strict but his eyes would well up if you sing well he was very forgiving but he was quick to be angry if you failed in doing a duty which was to practice so day after day when you see someone whose love for music contagious enough for music. When you see it then you are bound to be like that.

Reflections from Deepak Jayaraman

DJ: I am reminded of the saying that you can be a great teacher only if you can continue to be a great student. That is possibly what earns the continued respect of the coachee. What really struck me the most here was the point Jayashri makes about how as a Coach sometimes, you have to tailor the approach to each individual. There is no one approach that makes sense for all.

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End of nugget transcription

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Bombay Jayashri - Nuggets

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About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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