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Context to the nugget

Jayashri talks about the challenges of being a performer who has to travel around the world and how she is often split between the two worlds. She talks about the criticality of the ecosystem around her including her family that has provided her the support.

Transcription

Deepak Jayaraman (DJ): How have you thought about juggling your commitments towards work and home, that's again the piece am curious about when I talk to a women and careers am curious about how they have thought about those choices along the way, how have you made choices, along the way?

Bombay Jayashri (BJ): That's the continuous exercise of trying to divide your focus, energy and time in both spaces, but honestly I have given most of it to the music I have a very supportive set of people around me, when I grew up the family that I married into, they just let me be and took care of so many things that had to be done for my life to be functioned meticulously and normally, I had missed a lot of occasions, it could be family outings, my sons school day anniversaries, birthdays, weddings, it was always like that's she must be busy, she may not have a concert but she needs the time to rejuvenate or be by herself, its ok let her not come, so I have had really fabulous support always but ya there have been many agonising moments, I would be away, far away five thousand miles away and my son has fever or they someone at home holds would need just maybe my touch or love and am not been around it has been difficult but once I go to the stage I forget that there could have been a moment when I fly back, once I am signing I don't remember anything.

Reflections from Deepak Jayaraman

DJ: In my conversations with women leaders in the podcast, this piece has come up time and time again. The criticality of getting the ecosystem around you right for you to be able to manage your career. One of my earlier guests Vedika Bhandarkar (VB) who was a senior leader in an Investment Bank and now is on several Boards and heads Water.org spoke about this.

VB: *"Second mistake which often girls and women make is trying to do everything with yourself to be the super women who has the perfect career, who has the best households, who throws the most amazing parties I think if you try and do everything on your own you are more likely not to get the one so you need to figure out what your priorities are and just focus on them and build networks so ask for help, I think many women find it hard to do but I would say build your networks be as systematic about building your networks in your personal life as you are in your professional life. So*

build the networks of friends, absolutely lean on your family or build a good network of help at home but build your networks, otherwise its going to be much harder, it is going to be hard and you have to be ready for that and probably ten years are really really hard but after that it gets easy.”

DJ: This might seem like obvious stuff but the key takeaway is that solving for the ecosystem is possibly as critical as solving for your career at your workplace.

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End of nugget transcription

Nugget from Vedika Bhandarkar that is referenced: [Women and careers](#).

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Bombay Jayashri - Nuggets

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About Deepak Jayaraman

Deepak seeks to unlock human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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