

The banner features the 'play to potential' logo on the left. To its right are contact details: a WhatsApp icon with the number '+91 85914 52129*', a Twitter icon with the handle '@PlayToPotential', and a globe icon with the website 'playtopotential.com'. Further right, under the heading 'Also available on:', are icons for Spotify, Apple Podcasts, and Google Podcasts. On the right side of the banner is a portrait of the host, Deepak Jayaraman, with the text 'Podcast Host' and his name 'Deepak Jayaraman' below it. At the bottom left of the banner, a small note reads: '*Just send us a Whatsapp with your name, number and email and we will add you to our distribution list.'

Context to the nugget conversation

Harish speaks about how we need to have not just focus, energy and discipline, but also creativity and lateral thinking coupled with purpose that we can work towards in our life.

Transcription

Deepak Jayaraman (DJ): On that note, Harish, this podcast is titled Play to Potential, what does this term mean to you, how have you thought about playing to your full potential at various points in time?

Harish Bhat (HB): So what I would take out from it is, each of us is born with some talents and there are other talents that we develop in our life, other capabilities that we develop in our life. So, for instance, at this point in my career and my life, I know I have certain capabilities to bring to bear in the sphere of marketing, brand building and consumer behavior. I also know I have capabilities in the area of writing and storytelling. And as I outlook my life in the years ahead, I am now 59 years of age, so as I outlook the next 15 or 20 years of my life, I would ask myself, am I going to leverage these capabilities that I have to the best of my ability, am I going to reach the potential, which I can, say, achieve by using these capabilities in the best possible manner. That is what Play to Potential means. It means each of us has inherent potential, which we can build on and since we live life just once, how do we use that potential to its fullest, is what I got out of Play to Potential. That requires focus, it requires energy, it requires discipline, but it also requires creativity and lateral thinking. Most importantly, it requires a purpose that you work towards in your life and how do you use your capabilities to help realize that purpose, which can make life very fulfilling to you. So that is what the theme Play to Potential means to me.

Reflections from Deepak Jayaraman

DJ: If this topic is of interest, do tune into the Playlist titled In Summary – Playing to Potential in the Curated Playlists section at www.playtopotential.com

End of nugget transcription

RELATED PLAYLISTS YOU MIGHT LIKE

In Summary - Playing to Potential: This playlist captures the essence of what the speaker is trying to say in their conversation. In a way, it captures the key principles with which they have approached life which has brought them to where they are today. They share their perspectives on the mindset we need to adopt as we navigate through life. You can access the playlist [here](#).

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Harish Bhat - Nuggets

- 80.01 Harish Bhat - Key choices along the way
- 80.02 Harish Bhat - Perspectives on Navigating Career
- 80.03 Harish Bhat - Taking a pause
- 80.04 Harish Bhat - Art of storytelling
- 80.05 Harish Bhat - Profits with purpose
- 80.06 Harish Bhat - Identification with Labour AND Capital
- 80.07 Harish Bhat - Shaping culture through stories
- 80.08 Harish Bhat - Competing with a collaborative spirit
- 80.09 Harish Bhat - In Summary - Playing to Potential

About Deepak Jayaraman

Deepak seeks to unlock the human potential of senior executive's / leadership teams by working with them as an Executive Coach / Sounding Board / Transition Advisor. You can know more about his work [here](#).

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